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The package design may have been updated. Please ensure to read the information on the package.



Relief System for Sufferers of Adverse Drug Reactions:  
TEL: 0120-149-931

Activation of the following nasal symptoms due to allergens such as pollen and house dust (indoor dust): runny nose, nasal stuffiness, and sneezing

Indications

Epinephrine hydrochloride - a second-generation antihistamine, which exhibits sustained effects, contained in ALESION 20  
The amount of epinastine hydrochloride contained in one tablet (the daily dose amount) .....20 mg

Ingredients

Epinephrine hydrochloride - a second-generation antihistamine, which exhibits sustained effects, contained in ALESION 20

\* Do not operate vehicles or machinery after taking this medication.

Less likely to cause drowsiness \*

Effective as early treatment for rhinitis



Check now!



Taking only 1 tablet, effects will last for 24 hours.\*

\* One tablet to be taken once daily at bedtime (Children under 15 years of age must not take this medication.)

Product Features

1. ALESION 20 must not be taken by the following persons: (1) persons who have had any allergic symptom due to any of the ingredients of ALESION 20; (2) children under 15 years of age; or (3) persons who have received a diagnosis of the following diseases: liver diseases. 2. Do not operate vehicles or machinery after taking this medication. 3. Breast-feeding women are advised not to take ALESION 20 or to stop breast-feeding if this medication is to be taken. 4. The following persons should consult a physician, pharmacist, or registered salesperson before taking this medication: (1) persons undergoing any medical treatment from a physician; (2) women who are or may be pregnant; (3) older persons; (4) persons who have had any allergic reactions to drugs or other substances; (5) persons with symptoms that might be related to any allergies or other factors; (6) persons who have received a diagnosis of any other allergy-related diseases such as bronchial asthma and atopic dermatitis; or (7) persons who are switching from a medication containing 10 mg of epinastine hydrochloride to ALESION 20. 5. Thoroughly read the instructions given on the inside of the carton before use. 6. Store the product in a dry, cool place away from direct sunlight.

Caution



Class-2 OTC drug

24 tablets 24 days treatment ALESION® 20

Once-daily dosage for effects that will last for 24 hours

Less likely to cause drowsiness\*

\* Epinastine hydrochloride contained in this medication

ALESION® 20

Class 2 OTC drug

Dosage and Administration

Take a dose of ALESION 20, according to this table, with cold or lukewarm water, once daily at bedtime.

Age	Adults (aged ≥15 years)	Children aged <15 years
Dose	1 tablet	<b>X</b> This medication must not be taken.

It is recommended that persons who have not previously used ALESION 20 first purchase the product in a package of 6 or 12 tablets.

for 24<sup>24</sup> tablets days

Nasal discharge, nasal stuffiness, and sneezing caused by pollen, house dust and other allergens

Allergic Rhinitis Medication

ALESION® 20

Taking only 1 tablet

Effects will last for 24 hours\*

Less likely to cause drowsiness.\*

\* Epinastine hydrochloride contained in this medication

Class 2 OTC drug

SSP Co., Ltd.  
an Opella company

\* One tablet to be taken once daily at bedtime (Children under 15 years of age must not take this medication.)

Customer Service Office  
Phone: 0120-028-193  
Opening hours: 9:00 to 17:00  
(closed on Saturdays, Sundays, and Japanese public holidays)

<https://www.ssp.co.jp/>

Open at this point only.  
Read the instructions given on the inside of the carton.

Open here



Manufactured and Distributed by:

SSP Co., Ltd.  
3-20-2 Nishi-Shinjuku,  
Shinjuku-ku, Tokyo

If this medication is used for symptoms of seasonal allergic rhinitis due to pollen or other allergens, it is most effective when taken from the predicted start date of pollen dispersal or soon after symptoms begin to appear.

I'm ON ALESION

**In the interest of environmental protection, no information leaflet is co-packaged.**  
**Keep this carton in a safe place and be sure to read the instructions given on the carton before taking the medication.**

**[Precautions for Use]** **Contraindications** (If you do not follow the precautions as mentioned below, your current symptoms may worsen and you may be placed at increased risk of side effects or the risk of having some accidents.) **1. The following persons must not take this medication:** (1) persons who have had any allergic reaction to any of the ingredients of ALESION 20; (2) children under 15 years of age; or (3) persons who have received a diagnosis of the following diseases: liver diseases. **2. Do not take any of the following medications during the period of taking ALESION 20:** other anti-allergic medications (including medications for skin diseases and oral medications for rhinitis) or oral medications containing antihistamines (e.g., common cold medications, antitussive-expectorant medications, motion sickness medications, hypnotic sedatives). **3. Do not operate vehicles or machinery after taking this medication** (sleepiness or such may occur.) **4. Breast-feeding women are advised not to take ALESION 20 or to stop breast-feeding if this medication is to be taken.** **5. This medication must not be taken soon before or soon after alcohol intake.**

**Consultation** **1. The following persons should consult a physician, pharmacist, or registered salesperson before taking this medication:** (1) persons undergoing any medical treatment from a physician; (2) women who are or may be pregnant; (3) older persons; (4) persons who have had any allergic reactions to drugs or other substances; (5) persons with symptoms that have not been confirmed to be related to any allergies or any other factors; (6) persons who have received a diagnosis of any other allergic diseases such as bronchial asthma and atopic dermatitis; and (7) persons who are switching from a medication containing 10 mg of epinastine hydrochloride to ALESION 20. **2. If any of the symptoms mentioned below develop after taking ALESION 20, they might be side effects of the medication.**

**Stop taking this medication immediately and consult a physician, pharmacist, or registered salesperson, presenting this carton.** Skin: rash/redness, swelling, or itching; Gastrointestinal: nausea/vomiting, stomatitis, stomach discomfort, abdominal pain, stomach heaviness, heavy feeling in the stomach, bloating, or loss of appetite; Neuropsychiatric: dizziness, sleeplessness, headache, fuzzy head, numbness, nightmare, hallucinations, or auditory hallucinations; Respiratory: respiratory distress; Cardiovascular: palpitations; Urinary: dysuria, pollakiuria, hematuria, or proteinuria; Other: edema, hot flush, chest pain, sputum sticking, malaise, nasal stuffiness, abnormal menstruation, bitter taste, diminished taste, gynecomastia (enlarged breasts in men), or breast enlargement. In rare cases, any of the serious symptoms mentioned below may occur. In such cases, immediately consult a physician. Hepatic impairment: a condition in which fever, itching, rash, jaundice (yellowing of the skin and whites of the eyes), brown urine, general malaise, loss of appetite, or such occurs.

Decreased platelets (thrombocytopenia): a condition in which bleeding symptoms such as nasal bleeding, gingival bleeding, or bruising occur due to a decrease in platelet count (platelets are blood components). **3. Any of the conditions mentioned below may occur after taking ALESION 20. If such symptoms persist or worsen, stop taking this medication and consult a physician, pharmacist, or registered salesperson, presenting this carton:** thirst, constipation, diarrhea, or sleepiness. **4. If there is no alleviation of allergy symptoms after taking this medication for about a week (or taking other drugs containing epinastine hydrochloride during this time), stop taking all epinastine hydrochloride medications and consult a physician, pharmacist, or registered salesperson, presenting this carton.** **5. If ALESION 20 or other medications containing epinastine hydrochloride are taken for more than two consecutive weeks even after allergy symptoms have been alleviated, consult a physician, pharmacist, or registered salesperson for advice.**

**[Dosage and Administration]** Adults (aged 15 years or older): Take one tablet with cold or lukewarm water, once daily at bedtime.

**<Precautions Concerning Dosage and Administration>** (1) ALESION 20 should not be taken by children under 15 years of age. (2) This medication must be taken strictly in accordance with the specified dosage and administration. (3) If this medication is used for symptoms of seasonal allergic rhinitis due to pollen or other allergens, it is most effective when taken from the predicted start date of pollen dispersal or soon after symptoms begin to appear. (4) How to remove the tablet: As shown in the illustration on the right, firmly press the raised portion of the press-through package (PTP) with a fingertip to push the tablet through the aluminum foil on the reverse side (if the PTP sheet is mistakenly swallowed, its sharp edges may perforate the esophageal mucosa or lead to incidental events).



**[Precautions for Storage and Handling]** (1) Store in a dry and cool place away from direct sunlight. (2) Keep out of the reach of children. (3) Do not transfer the contents to another container (which may lead to drug misuse or changes in the quality of the product). (4) Do not take this medication after the expiration date.