

[Keep this information leaflet with this medication and be sure to read it before taking the medication.]

HYTHIOL-B CLEAR®

Class 3 OTC drug

Vitamin B₂ Product

HYTHIOL-B CLEAR contains “L-cysteine,” an amino acid that enhances skin metabolism, vitamin B, and vitamin C. This product works on skin cells from inside the body to improve the overall status of the skin, exerting effects on rough skin.

- **HYTHIOL-B CLEAR** reduces skin roughness from inside the body, improving the status of the skin.
This product contains the amino acid “L-cysteine” that supports skin metabolism, combined with Vitamin B complex and C. This formulation is intended to enhance lipid metabolism and collagen production, as well as normalize the turnover of skin cells. This product reduces skin roughness and acne, leading to an even and clear skin surface.
- **HYTHIOL-B CLEAR** also exerts effects against fatigue.
This product contains a well-balanced combination of six types of B-complex vitamins to efficiently convert nutrients into energy, and it is also effective against fatigue.
- **HYTHIOL-B CLEAR** exerts its effects when taken orally once daily. In addition, this is a small and easy-to-swallow tablet formulation.
Once-daily dosing is less likely to cause a dose to be missed. The original film-coating technology is employed for this tablet formulation. The tablets are small and easy to swallow.



Precautions for Use



Consultation

- If any of the symptoms listed below develop after taking **HYTHIOL-B CLEAR**, they might be side effects of the medication. Stop taking this medication immediately and consult a physician, pharmacist, or registered salesperson, presenting this leaflet.

Affected area	Symptoms
Skin	Rash
Gastrointestinal	Stomach discomfort

- If the symptoms for which this product is being taken are not alleviated after taking the recommended doses for about a month, stop taking the product and consult a physician, pharmacist, or registered salesperson, presenting this leaflet.



Indications

- Relief of the following symptoms:
Rough skin, acne, eczema, dermatitis, rash, skin erosion, stomatitis, angular stomatitis, cheilitis, glossitis, ocular hyperemia, itchy eyes, and redness around the nose;
“however, if these symptoms are not alleviated after using this product for about a month, consult a physician or pharmacist.”
- Vitamin B₂ supplementation for persons meeting the following conditions:
Persons with physical fatigue, pregnant or breast-feeding women, and persons with decreased physical strength during or after illness

Dosage and Administration

Take a dose of HYTHIOL-B CLEAR with cold or lukewarm water once daily, according to the table below.

Age	Adults (aged 15 years or older)	Children aged 11 to 14 years	Children under 11 years of age
Dose	3 tablets	2 tablets	× This medication must not be taken.

< Precautions Concerning Dosage and Administration >

- (1) HYTHIOL-B CLEAR must be used strictly in accordance with the specified dosage and administration.
- (2) Children must take this product only under the supervision of their parents/guardians.
- (3) This product can be taken at any time before or after taking food.

Ingredients

Of 3 tablets (daily dose for adults)

L-cysteine	80 mg
Riboflavin sodium phosphate (vitamin B ₂ phosphate)	38 mg
Pyridoxine hydrochloride (vitamin B ₆)	50 mg
Thiamine nitrate (vitamin B ₁ nitrate)	10 mg
Nicotinamide	40 mg
Biotin	100 µg
Calcium pantothenate	20 mg
Ascorbic acid (vitamin C)	50 mg

Excipients: anhydrous silicic acid, cellulose, calcium lactate, hypromellose, hydroxypropylcellulose, macrogol, magnesium stearate, talc, titanium oxide, corn starch, tartaric acid, red ferric oxide, dimethylpolysiloxane, silicon dioxide, and polyvinyl alcohol-acrylic acid-methyl methacrylate copolymer

- Vitamin B₂ phosphate, one of the ingredients of HYTHIOL-B CLEAR, can turn the color of urine yellow.

Precautions for Storage and Handling

- (1) Store in a dry, cool place away from direct sunlight.
- (2) Keep out of the reach of children.
- (3) Do not transfer the contents to another container (which may lead to drug misuse or changes in the quality of this product).
- (4) Close the lid of the jar tightly after each use. If the lid of the jar is not tightly closed, the product may deteriorate due to the effects of moisture, etc. Do not handle this product with wet hands.
- (5) The filler in the jar is intended to prevent breakage of tablets during transportation. After the package has been opened, the filler is no longer necessary and must be removed.
- (6) Do not take this medication after the expiration date.

Contact Information

Inquiries should be made to the drugstore from where you purchased the product or to the customer service office.

Customer Service Office, SSP Co., Ltd. Phone: 0120-028-193

Opening hours: 9:00 to 17:00 (closed on Saturdays, Sundays, and Japanese public holidays)



Manufactured and Distributed by:

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<https://www.ssp.co.jp/>