

S.TAC IBU®

Class ② OTC drug

[Medication for common cold]

< Characteristics of the product >

- S.TAC IBU is a medication for common cold, containing ibuprofen that lowers fevers and relieves sore throat.
- S.TAC IBU alleviates various symptoms of common cold, such as sore throat, chills, fever, and nasal discharge.



Precautions for Use



Contraindications

(If you do not follow the precautions exactly as listed below, your current symptoms may worsen, and you may be placed at increased risk of side effects or accidents.)

- ① **The following persons must not take this medication:**
 - (1) Persons who have had an allergic reaction to any of the ingredients of S.TAC IBU
 - (2) Persons who have experienced asthma after taking this medication, other common cold medications, or antipyretic-analgesics
 - (3) Children aged under 15 years
 - (4) Pregnant women whose due date is within the next 12 weeks
- ② **Do not use any of the following medications during the period of taking S.TAC IBU:**
Other common cold medications, antipyretic-analgesic medications, sedatives, antitussive-expectorant medications, or oral medications containing antihistamines (e.g., oral rhinitis medications, motion sickness medications, anti-allergic medications, or hypnotic sedatives)
- ③ **Do not operate vehicles or machinery after taking this medication.**
(Sleepiness or drowsiness may occur.)
- ④ **Breast-feeding women are advised to not take S.TAC IBU or stop breast-feeding if this medication is to be taken.**
- ⑤ **This medication must not be taken immediately before or after alcohol intake.**
- ⑥ **Do not take this medication for more than 5 consecutive days.**



Consultation

- ① **The following persons should consult a physician, pharmacist, or registered salesperson before taking this medication:**
 - (1) Persons who are receiving any treatment from a physician or dentist
 - (2) Women who are or may be pregnant
 - (3) Older persons
 - (4) Persons who have had any allergic reactions to drugs or other substances
 - (5) Persons with the following symptom: Hyperthermia (high fever) and dysuria
 - (6) Persons who have received a diagnosis of any of the following diseases: thyroid dysfunction, diabetes mellitus, heart diseases, hypertension, liver diseases, kidney diseases, glaucoma, systemic lupus erythematosus, mixed connective tissue disease, respiratory dysfunction, obstructive sleep apnea syndrome, or obesity
 - (7) Persons who have had any of the following diseases: gastroduodenal ulcers, ulcerative colitis, or Crohn's disease
- ② **If any of the symptoms listed below develop after taking S.TAC IBU, they might be side effects of the medication. Stop taking this medication immediately and consult a physician, pharmacist, or registered salesperson, presenting this leaflet.**

Affected area	Symptoms
Skin	Rash/redness, itching, or bruising
Gastrointestinal	Nausea/vomiting, inappetence, stomach discomfort, stomachache, stomatitis, heartburn, heavy feeling in the stomach, gastrointestinal hemorrhage, abdominal pain, diarrhea, or bloody stools
Neuropsychiatric	Dizziness
Cardiovascular	Palpitations
Respiratory	Shortness of breath
Urinary	Dysuria
Other	Blurred vision, tinnitus, edema/swelling, nasal bleeding, gingival bleeding, difficulty in stopping bleeding, bleeding, back pain, excessively decreased body temperature, or general malaise

In rare cases, any of the serious symptoms listed below may occur. In such cases, immediately consult a physician.

Name of the symptoms	Symptoms
Shock (anaphylaxis)	Itchy skin, urticaria, hoarse voice, sneezing, itchy throat, respiratory distress, palpitations, clouding of consciousness, etc., occurring immediately after taking this medication
Oculomucocutaneous syndrome (Stevens-Johnson syndrome) or toxic epidermal necrolysis	Persistence or sudden worsening of symptoms such as high fever, ocular hyperemia, eye discharge, lip erosion, sore throat, or rashes/redness over an extensive area of the skin
Hepatic impairment	Occurrence of fever, itching, rash, jaundice (yellowing of the skin and whites of the eyes), brown urine, general malaise, inappetence, etc.

(Continued from the front side)

Name of the symptoms	Symptoms
Renal disorders	Occurrence of fever, rashes, decreased urine output, generalized edema/swelling, general malaise, arthralgia (pain in joints), diarrhea, etc.
Aseptic meningitis	Occurrence of symptoms such as severe headache with neck stiffness, fever, or nausea/vomiting (Frequent occurrences of such symptoms have been reported particularly among patients who are undergoing treatment for systemic lupus erythematosus or mixed connective tissue disease.)
Myocardial infarction	Occurrence of pain with chest tightness, respiratory distress, or cold sweat
Cerebrovascular disorders	Sudden occurrence of the following symptoms: decreased or loss of consciousness, difficulty in moving hand and foot unilaterally, headache, vomiting, dizziness, difficulty speaking, or speech impairment
Interstitial pneumonia	Sudden occurrence or persistence of the following symptoms: shortness of breath or respiratory distress when climbing stairs or slightly overworking, dry cough, or fever
Asthma	Occurrence of breathing sounds, such as wheezing and whistling, or respiratory distress
Aplastic anemia	The following symptoms can occur: bruising, nasal bleeding, gingival bleeding, fever, pallor of the skin or mucous membranes, fatigue, palpitations, shortness of breath, feeling sick and fainting, and hematuria.
Agranulocytosis	Occurrence of sudden high fever, chills, sore throat, etc.
Respiratory depression	Occurrence of shortness of breath, respiratory distress, etc.

- ③ Any of the conditions mentioned below may occur after taking S.TAC IBU. If such symptoms persist or worsen, stop taking this medication and consult a physician, pharmacist, or registered salesperson, presenting this leaflet.

Constipation, thirst, or sleepiness


- ④ If the symptoms of common cold are not alleviated after taking 5 or 6 doses (particularly if fever persists for 3 or more days or recurs), stop taking this medication and consult a physician, pharmacist, or registered salesperson, presenting this leaflet.

Indications

Alleviation of various symptoms of common cold (sore throat, chills, nasal discharge, nasal stuffiness, sneezing, fever, headache, cough, sputum, joint pain, and muscle pain)

Dosage and Administration

Take a dose of S.TAC IBU, according to the table below, with cold or lukewarm water, 3 times daily. Each dose should be taken within 30 minutes after a meal, whenever possible.

Age	Adults (aged 15 years or older)	Children aged under 15 years
Dose	 3 tablets	× This medication must not be taken.

< Precautions Concerning Dosage and Administration >

- S.TAC IBU must be used strictly in accordance with the specified dosage and administration.

Ingredients

In a total of 9 tablets (daily dose)

Ibuprofen	450 mg
Dihydrocodeine phosphate	24 mg
DL-methylephedrine hydrochloride	60 mg
Chlorpheniramine maleate	7.5 mg
Anhydrous caffeine	75 mg
Thiamine nitrate (vitamin B ₁ nitrate)	24 mg
Ascorbic acid (vitamin C)	300 mg

Excipients: anhydrous silicic acid, cellulose, lactose, white soft sugar, hydroxypropylcellulose, hypromellose, macrogol, calcium carbonate, carnauba wax, magnesium stearate, talc, titanium oxide, partly pregelatinized starch, pullulan, and polyoxyethylene polyoxypropylene glycol

Precautions for Storage and Handling

- Store the product in the jar with the lid closed tightly, in a dry, cool place away from direct sunlight.
- Keep out of the reach of children.
- Do not transfer the contents to another container (which may lead to drug misuse or changes in the quality of this product).
- Do not handle this product with wet hands. If the product is handled with wet hands, the sugar coating may become uneven or discolored.
- The filler in the jar is intended to prevent breakage of tablets during transportation. After the package has been opened, the filler is no longer necessary and must be removed.
- Do not take this medication after the expiration date.



Contact Information

Inquiries should be made to the drugstore from where you purchased the product or to the customer service office.

Customer Service Office, SSP Co., Ltd. Phone: 0120-028-193
Opening hours: 9:00 to 17:00 (closed on Saturdays, Sundays, and Japanese public holidays)

Manufactured and Distributed by:



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