

この説明書は製品についての参考情報です。正しくは製品に添付されている説明書をご確認ください。
 This document serves as reference information. Please ensure to read the document attached to the product.
 [Keep this information leaflet with this medication and be sure to read it before taking the medication.]

GASTOL® GRANULES

Class 2 OTC drug

Gastrointestinal medication containing M₁ blocker

- Heartburn is caused by gastric acid reflux due to overeating, etc. Stomachache is also caused by gastric acid irritating the gastric mucosa (stomach lining) when excessively secreted due to mental or emotional stress.
 - GASTOL GRANULES contain a fast-acting antacid agent (sodium bicarbonate) and a long-acting antacid agent (magnesium aluminometasilicate) that effectively neutralize gastric acid, and they also contain an M₁ blocker (pirenzepine hydrochloride hydrate) that suppresses excessive gastric acid secretion in the stomach, thereby suppressing heartburn and stomachache as well as protecting the stomach lining to heal damage from excessive gastric acid secretion.
- In addition, this product contains a digestive enzyme to reduce the burden on the stomach after eating.



⚠️ Precautions for Use



Contraindications

If you do not follow the precautions exactly as listed below, your current symptoms may worsen, and you may be placed at increased risk of side effects or accidents.

① The following persons must not take this medication:

- (1) Persons who have had an allergic reaction to any of the ingredients of GASTOL GRANULES
- (2) Women who are or may be pregnant
- (3) Patients undergoing dialysis treatment

② Do not take any of the following medications during the period of taking GASTOL GRANULES:

Gastrointestinal analgesic-antispasmodic medications and motion sickness medications

③ Do not operate vehicles or machinery after taking this medication.

(Symptoms such as blurred vision and abnormal brightness may occur.)

④ Do not use this medication over a long continuous period.



Consultation

① The following persons should consult a physician, pharmacist, or registered salesperson before taking this medication:

- (1) Persons who are receiving any treatment from a physician
- (2) Breast-feeding women
- (3) Older persons
- (4) Persons who have had any allergic reactions to drugs or other substances
- (5) Persons with the following symptom: Dysuria
- (6) Persons who have received a diagnosis of any of the following diseases: Glaucoma and kidney diseases

② If any of the symptoms listed below develop after taking GASTOL GRANULES, they might be side effects of the medication. Stop taking this medication immediately and consult a physician, pharmacist, or registered salesperson, presenting this leaflet.

Affected area	Symptoms
Skin	Rash/redness and itching
Gastrointestinal	Nausea and stomach fullness/bloating
Cardiovascular	Palpitations
Urinary	Dysuria
Other	Blurred vision

In rare cases, any of the serious symptoms listed below may occur. In such cases, immediately consult a physician.

Name of the symptoms	Symptoms
Anaphylactoid symptoms	Itchy skin, urticaria, hoarse voice, sneezing, itchy throat, respiratory distress, or similar occurring immediately after taking this medication
Agranulocytosis	Sudden high fever, chills, sore throat, etc.

(Continued from the front side)

③ Any of the conditions mentioned below may occur after taking GASTOL GRANULES. If such symptoms persist or worsen, stop taking this medication and consult a physician, pharmacist, or registered salesperson, presenting this leaflet.

Thirst, constipation, and diarrhea

④ If the symptoms for which this medication is being taken are not alleviated after taking the recommended doses for about two weeks, stop taking the medication and consult a physician, pharmacist, or registered salesperson, presenting this leaflet.

Indications

- Stomachache, heartburn, hyperchlorhydria (excessive gastric acid secretion), chest fullness, and eructation (belching)
- Heavy feeling in the stomach, stomach heaviness, stomach discomfort, and stomach fullness/bloating
- Nausea (queasy feeling, upset stomach, nausea associated with alcoholic hangovers, queasiness, and sickness), vomiting, and overdrinking of alcohol
- Excessive eating, dyspepsia, stomach fullness/bloating due to dyspepsia, inappetence, and promotion of digestion

Dosage and Administration

Take a dose of GASTOL GRANULES with cold or lukewarm water thrice daily after meals, according to the table below.

Age	Adults (aged 15 years or older)	Children under 15 years of age
Dose	1 sachet	× This medication must not be taken.

< Precautions Concerning Dosage and Administration >

- GASTOL GRANULES must be taken strictly in accordance with the specified dosage and administration.

Ingredients and Actions

Of 3 sachets (daily dose)

Ingredients	Amount per 3 sachets	Action
Pirenzepine hydrochloride hydrate < M ₁ blocker >	47.1 mg (equivalent to 45 mg of pirenzepine hydrochloride anhydride)	To suppress excessive gastric acid secretion
Magnesium aluminometasilicate	900 mg	To neutralize gastric acid and protect the stomach lining
Sodium bicarbonate	1,200 mg	To promptly neutralize gastric acid
Biodiastase 2000	30 mg	To promote digestion of food

Excipients: silicic anhydride, cellulose, lactose, magnesium stearate, and l-menthol

Precautions for Storage and Handling

- (1) Store in a dry, cool place away from direct sunlight.
- (2) Keep out of the reach of children.
- (3) Do not transfer the contents to another container (which may lead to drug misuse or changes in the quality of this product).
- (4) Do not take this medication after the expiration date.



Contact Information

Inquiries should be made to the drugstore from where you purchased the product or to the customer service office.

Customer Service Office, SSP Co., Ltd. Phone: 0120-028-193

Opening hours: 9:00 to 17:00 (closed on Saturdays, Sundays, and Japanese public holidays)



Manufactured and Distributed by:

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