

この説明書は製品についての参考情報です。正しくは製品に添付されている説明書をご確認ください。
 This document serves as reference information. Please ensure to read the document attached to the product.
 [Keep this information leaflet with this medication and be sure to read it before taking the medication.]

ESTARON MOCHA® TABLETS

Class 3 OTC drug

Medication to eliminate sleepiness for sleepiness and malaise

- **ESTARON MOCHA TABLETS** are a film-coated tablet formulation containing anhydrous caffeine combined with vitamin B₁, and they exert effects against sleepiness and malaise (lassitude).
- Anhydrous caffeine, the active ingredient of **ESTARON MOCHA TABLETS**, acts on the cerebral cortex to eliminate sleepiness.
- **ESTARON MOCHA TABLETS** contain vitamin B₁, which works in combination with anhydrous caffeine to eliminate malaise.
- The press-through package (PTP) used for **ESTARON MOCHA TABLETS** is convenient for carrying.

Useful in such cases as...



Meetings



Late-night
overtime work



Pre-examination study

⚠ Precautions for Use



Contraindications

(If you do not follow the precautions exactly as listed below, you may be placed at increased risk of side effects.)

- ① **The following persons must not take this medication:**
 - (1) Persons with the following symptom: Hyperchlorhydria (excessive gastric acid secretion)
 - (2) Persons who have received a diagnosis of any of the following diseases: Heart disease or gastric ulcers
- ② **Do not take the following medications during the period of taking ESTARON MOCHA TABLETS:**
 Other prophylactic medications against sleepiness
- ③ **Do not take this product with caffeine-containing beverages such as coffee and tea.**
- ④ **Take ESTARON MOCHA over only a short period of time, and do not use this medication for a continuous period.**



Consultation

- ① **The following persons should consult a physician, pharmacist, or registered salesperson before taking this medication:**
 - (1) Persons who are receiving any treatment from a physician
 - (2) Women who are or may be pregnant
 - (3) Breast-feeding women
- ② **If any of the symptoms listed below develop after taking ESTARON MOCHA TABLETS, they might be side effects of the medication. Stop taking this medication immediately and consult a physician, pharmacist, or registered salesperson, presenting this leaflet.**



Affected area	Symptoms
Skin	Rash
Gastrointestinal	Inappetence and nausea/vomiting
Neuropsychiatric	Tremor, dizziness, anxiety, sleeplessness, and headache
Cardiovascular	Palpitations

®: Registered trademark

Indications Elimination of sleepiness and malaise

Dosage and Administration Take a dose of ESTARON MOCHA TABLETS up to thrice daily, according to the table below. However, after one tablet has been taken as the first dose of the day, the second dose must not be taken until the minimum dosing interval of 4 hours has elapsed, and the same applies to the third dose.

Age	Adults (aged 15 years or older)	Children under 15 years of age
Dose	1 tablet	× This medication must not be taken.

< Precautions Concerning Dosage and Administration >

- (1) ESTARON MOCHA TABLETS must be taken strictly in accordance with the specified dosage and administration.
- (2) Take this product at intervals of not less than 4 hours.
- (3) Swallow the tablet whole without crushing it in the mouth, with cold or lukewarm water. (It has a bitter taste if crushed in the mouth.)
- (4) How to remove the tablet

As shown in the illustration on the right, firmly press the raised portion of the press-through package (PTP) with a fingertip to push the tablet through the aluminum foil on the reverse side. (If the PTP sheet is mistakenly swallowed, its sharp edges may perforate the esophageal mucosa or lead to incidental events.)



(Illustration showing removal of the tablet from the PTP sheet)

Ingredients Anhydrous caffeine100 mg
Thiamine nitrate (vitamin B₁ nitrate) 5 mg

Per tablet

Excipients: carmellose calcium, anhydrous silicic acid, cellulose, hydroxypropylcellulose, hypromellose, macrogol, magnesium stearate, talc, caramel, and FD&C Red No. 3 (erythrosine)

Precautions for Storage and Handling

- (1) Store in a dry, cool place away from direct sunlight.
- (2) Keep out of the reach of children.
- (3) Do not transfer the contents to another container (which may lead to drug misuse or changes in the quality of this product).
- (4) Do not take this medication after the expiration date.



Contact Information

Inquiries should be made to the drugstore from where you purchased the product or to the customer service office.
Customer Service Office, SSP Co., Ltd. Phone: 0120-028-193
Opening hours: 9:00 to 17:00 (closed on Saturdays, Sundays, and Japanese public holidays)



Manufactured and Distributed by:

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