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この説明書は製品についての参考情報です。正しくは製品に添付されている説明書をご確認ください。  
 This document serves as reference information. Please ensure to read the document attached to the product.

[Keep this information leaflet with this medication and be sure to read it before taking the medication.]

# SURULAC®-S

Class ② OTC drug

## Irritant medication for constipation

- **SURULAC-S** contains two ingredients that irritate the intestines to promote bowel peristalsis (intestinal motility). This irritant medication for constipation is effective against persistently troublesome constipation.
- Although there may be individual differences, the standard time for the active ingredient, bisacodyl, to take effect ranges from 6 to 12 hours. SURULAC-S is to be taken at bedtime and is expected to exhibit its effect the following morning.
- The degree of the effect of this medication can be controlled by adjusting the daily dose within the range of 1 to 3 tablets according to the status of constipation and/or associated symptoms.
- SURULAC-S is an enteric-coated tablet formulation to ensure that the active ingredients do not dissolve in the stomach and work effectively in the intestines.

## ⚠ Precautions for Use



### Contraindications

( If you do not follow the precautions exactly as listed below, you may be placed at increased risk of side effects. )

- ❶ Do not take the following medications during the period of taking SURULAC-S:  
Other cathartics (laxatives)
- ❷ Breast-feeding women are advised to not take SURULAC-S or stop breast-feeding if this medication is to be taken.
- ❸ Do not take more than the specified dosage of this medication.



### Consultation

- ❶ The following persons should consult a physician, pharmacist, or registered salesperson before taking this medication:
  - (1) Persons who are receiving any treatment from a physician
  - (2) Women who are or may be pregnant
  - (3) Persons who have had any allergic reactions to drugs or other substances
  - (4) Persons with the following symptom: severe abdominal pain or nausea/vomiting
- ❷ If any of the symptoms listed below develop after taking SURULAC-S, they might be side effects of the medication. Stop taking this medication immediately and consult a physician, pharmacist, or registered salesperson, presenting this leaflet.



Affected area	Symptoms
Skin	Rash/redness and itching
Gastrointestinal	Severe abdominal pain or nausea/vomiting

- ❸ The condition mentioned below may occur after taking SURULAC-S. If such a symptom persists or worsens, stop taking this medication and consult a physician, pharmacist, or registered salesperson, presenting this leaflet.  
Diarrhea
- ❹ If constipation and/or the associated symptoms are not alleviated after taking the recommended doses for about a week, stop taking the medication and consult a physician, pharmacist, or registered salesperson, presenting this leaflet.

### Indications

- Constipation
- Relief of the following symptoms associated with constipation: abdominal distension, inappetence (decreased appetite), hemorrhoids, rough skin, skin eruptions, abnormal gut fermentation, heaviness of the head, and hot flashes

®: Registered trademark

**Dosage and Administration**

Take a dose of SURULAC-S with cold or lukewarm water, once daily at bedtime (or on an empty stomach), according to the table below. It should be noted that this medication is to be started at the minimum dose (1 tablet), and the dose is to be gradually increased or decreased depending on the status of bowel movements.

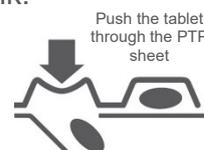
Age	Adults (aged 15 years or older)	Children aged under 15 years
Dose	1 to 3 tablets	× This medication must not be taken.

- Recommended timing for dosing on an empty stomach: not less than 2 hours after a meal, whenever possible

**< Precautions Concerning Dosage and Administration >**

- (1) SURULAC-S must be used strictly in accordance with the specified dosage and administration.
- (2) Since SURULAC-S is an enteric-coated tablet formulation, the tablets should be taken whole without being crushed either before or after being placed in the mouth. Do not take this medication with an antacid or milk.
- (3) How to remove the tablet

As shown in the illustration on the right, firmly press the raised portion of the press-through package (PTP) with a fingertip to push the tablet through the aluminum foil on the reverse side. (If the PTP sheet is mistakenly swallowed, its sharp edges may perforate the esophageal mucosa or lead to incidental events.)



(Illustration showing removal of the tablet from the PTP sheet)

- (4) Swallow the SURULAC-S tablets with a glass (about 180 mL) of cold or lukewarm water.

**Ingredients and Actions**

Ingredients	Amount per 3 tablets	Action
Bisacodyl	15 mg	To activate bowel peristalsis with slow or decreased intestinal motility by acting on the large intestine, starting from its upper part
Sennoside calcium	40 mg (equivalent to 15.8 mg of sennosides A and B)	Sennosides A and B activated by intestinal bacteria enhance bowel peristalsis (intestinal motility).

Excipients: carmellose calcium, cellulose, lactose, white soft sugar, hypromellose, hypromellose phthalate, povidone, macrogol, acacia, kaolin, calcium carbonate, carnauba wax, glycerin fatty acid ester, magnesium stearate, shellac, talc, titanium oxide, potato starch, FD&C Red No. 2 (amaranth), and FD&C Red No. 3 (erythrosine)

- After taking this medication, urine may be colored orange or reddish.

### Precautions for Storage and Handling

- (1) Store in a dry, cool place away from direct sunlight.
- (2) Keep out of the reach of children.
- (3) Do not transfer the contents to another container (which may lead to drug misuse or changes in the quality of this product).
- (4) Do not take this medication after the expiration date.

**Contact Information**

**Inquiries should be made to the drugstore from where you purchased the product or to the customer service office.**  
Customer Service Office, SSP Co., Ltd. Phone: 0120-028-193  
Opening hours: 9:00 to 17:00 (closed on Saturdays, Sundays, and Japanese public holidays)



Manufactured and Distributed by:

**SSP Co., Ltd.**

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<https://www.ssp.co.jp/>